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Week 4

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HEY EVERYONE!

Self Denial is the time of year when we take a closer look at how The Salvation Army helps people all Paround the world.

Did you know The Salvation Army has corps and centres in more than 130 countries around the world? And each one is sharing the love of Jesus and helping people in need.

This year's theme for Self Denial is 'Love in Action'. Over the next few weeks, we'll see how taking action to help someone, even in a small way, can make a huge difference now and in the future.

We'll visit Indonesia, Tonga and the Philippines and discover how The Salvation Army helps people and communities in these countries. Come with us to visit kindergartens in Tonga, see how the Salvos are helping kids and communities in Indonesia, and check out how families in the Philippines are building their own small businesses. All these projects are made possible by money raised during Self Denial. **COOL!**

How are you going to raise money for Self Denial this year? Don't forget, even a small amount can make a big difference in the lives of others.

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<u>Make your own Self Denial money box</u> by following the instructions. Once finished, fill it up with money over

Money box

the next six weeks.

There are lots of ways to raise money for Self Denial – maybe you can do extra jobs around the house or wash the car. What are some of your ideas?

At the end of the six weeks, bring in your box so the money you raised can be given to people in need around the world.

Memory Verse

Dettoil

"We know what love is because Jesus gave his life for us. This is why we must give our lives for each other. If we have all we need and see one of our own people in need, we must have pity on that person, or else we cannot say we love God. Children, you show love for others by truly helping them, and not merely by talking about it." I John chapter 3, verses 16-18 (CEV)









It has a populat míllíon people.

population of

About 14 million

almost 11:

seople

live in its capital,

Manila

OUR FIRST STOP FOR SELF DENIAL 2024 IS THE PHILIPPINES.

We're about to see how The Salvation Army help families in the Philippines to raise chickens and build their own businesses.

We'll meet Donato, who is 11 years old and loves learning about science and how the world works. Donato lives in a small village with his family and they go to the local corps. Donato plays drums in the worship band – cool!

Donato's family first came to The Salvation Army for some help. They joined a program which helps families earn a stable income so they can pay school fees and afford food.

The family were given five chickens and some training on how to look after then. Now, Donato's family have more than 50 chickens and make a good profit selling the chickens and the eggs. They have a reliable income and food for the whole family.

It's awesome to see how the Self Denial money we raise goes to so many programs that help people like Donato and his family.





The Philippines, made up of more than 7100 islands, is located in south-eastern Asia between the South China Sea and the Pacific Ocean.

the

 About a third of the íslands are ínhabíted.

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- Its official name is the Republic of the Philippines.
- Its currency is the Philippine peso.
- The official languages are Filipino and Englism although more than 100 languages are spoken in the Philippines.

Its national bird is the Philippine eagle.

 Many active volcanoes are located on the Philippine islands, including Mt Pinatubo which erupted last in 1991.

- More than 500 species of birds live in its rainforests, with a third of these species not found anywhere else in the world.
- Its main export products are sugar, coconuts, electronics, transport equipment and minerals.
- There are also about 100 mammal species that are found only in the Philippines.

TM MAKING... (CHOCOLATE RICE PORRIDGE)

what you need:

an adult's help, 1 cup glutinous rice*, 6 cups water, pinch salt, ¼ cup cocoa powder, 85g dark chocolate (roughly chopped), ¼ cup dark brown sugar, 1 tbsp sweetened condensed milk

directions:

Rinse and drain rice.

Add rice, water and salt to a heavy-based saucepan and stir to combine.

Ask an adult to help you place on stove on medium-high and bring to a boil.

Once boiling, reduce heat to a simmer. Continue to heat uncovered for 15 to 20 minutes - stirring every few minutes - until rice is soft and cooked through.

Add cocoa powder, chocolate and brown sugar and stir to combine.

Cook on low heat until the chocolate and sugar have melted.

Remove from heat and divide among bowls. Drizzle with condensed milk before serving. (Porridge Champorado can be is a served traditional

breakfast dish in the Philippines It is traditionally served with salted fish or bread.

warm or chilled.)

Glutinous rice is a short grain rice also known as sticky rice. It is high in starch which makes it perfect for porridge. Find it in the Asian food aisle of the supermarket.

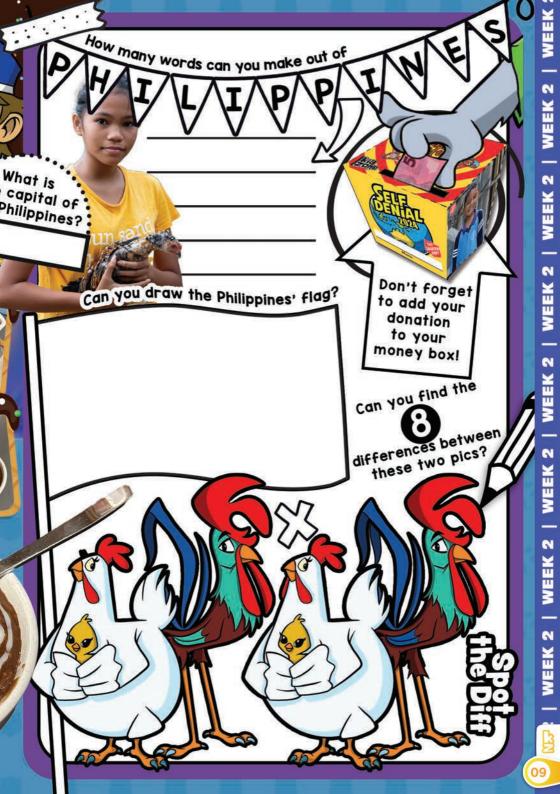


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THIS WEEK. WE'RE OFF TO **INDONESIA** to visit some girls who are being cared for at The Salvation Army's William Booth Girls Home in Bandung.

Sadly, some children don't have parents or someone to look after them. Kids like this come to this home to be cared for, have an opportunity to go to school, learn about God and be supported by the staff.

Just like you and your friends, the girls at this home love music and playing games like basketball.

We'll meet Riatun who, when she was a child. lived at the home. When Rigtun finished school, she trained as a teacher and social worker and now helps children reconnect with their families.

Our Self Denial money goes to help kids like these in Indonesia and countries all over the world. Now that's love in action!

• Jakarta is the capital of Indonesia.

the

Indonesia is the world's largest archipelago, with more than 17,500 íslands located in south-east Asia between the Indian and Pacific oceans. About 6000 are inhabited.

Indonesia is part of the Pacific Rim 'Ring of Fire'. It has 400 volcanoes, with about 150 of them active.

Indonesia is home to thousands of different flora and fauna, with many found only there. These include the Komodo dragon and the Rafflesia - the world's largest flower.

Bahasa Indonesía is the official language, although more than 700 languages are spoken. S

Indonesia has a population of more than 238 million people. The island of Java has a population of more than 140 million, making it the most populous island in the world.

- · Indonesia's main agricultural products are palm oil, coconut, sugarcane, rice, maize and cassava (a vegetable).
- The Garuda Pancasila, a mythical golden bird with a shield and gripping a white ribbon, is one of Indonesia's national symbols.

6

PAPER BATUK

DIRECTIONS:

Draw your design on your paper. It can be whatever you like, such as flowers, an animal or a pattern.

Colour in your design with wax Crayons. Make your drawing bright and colourful, covering all the paper.

When you've finished colouring in, scrunch your drawing into a tight ball, taking care not to tear it.

Carefully smooth the paper out, then roll it into a ball again, making sure it's really creased up.

Smooth your paper out as flat as you can. Mix up your watercolour paint so that it is quite watery and paint over the drawing, making sure you get paint uses creases.

into all the creases. Dab paper towel over the top of your drawing as you go to soak up any excess paint. You'll see all the lines appear that give it the batik look.

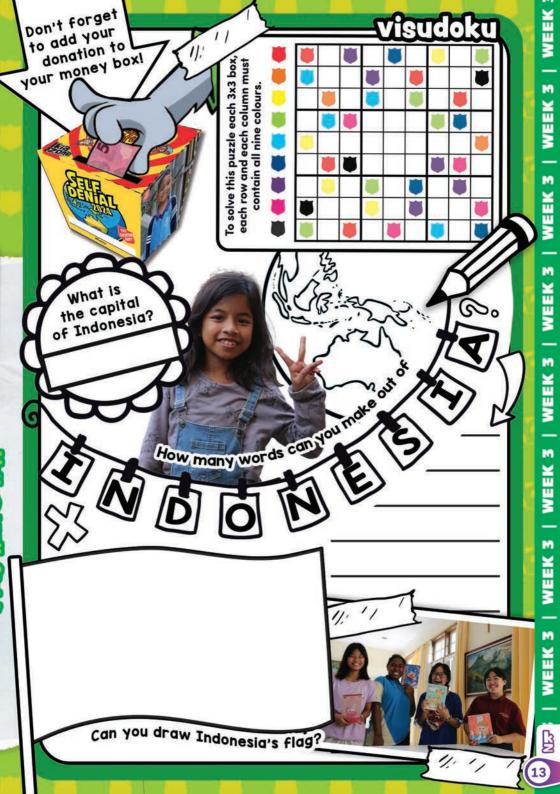
a traditional art form using wax and dye to create beautiful patterns on cloth. You can do it on paper, too! 7 Before your drawing is completely dry, put it under something heavy to flatten it out. Doesn't it look awesome?!

What you need:

paper (thicker than printer paper if possible), pencil, wax crayons, watercolour paint in a dark colour, a sheet of paper towel

Cultures around the world have their own beautiful traditional art forms, such as batik in Indonesia. Creating art is fun! As you make this colourful paper batik, thank God for all the good things in life, including the great programs run by The Salvation Army to help people in so many countries. "Don't forget to do good and share what you have" (Hebrews chapter 13, verse 16).

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THIS WEEK WE HEAD TO THE SOUTH PACIFIC, TO VISIT THE KINGDOM OF TONGA.

Tonga is made up of a large group of islands covered with tropical rainforests and surrounded by beautiful beaches and coral reefs.

On the main island of Tongatapu, The Salvation Army runs kindergartens to help young children be ready for school and to teach them about how much God loves them.

The children at these kindergartens learn all sorts of things through play and fun educational activities. The teachers support the kids to grow and develop emotionally, physically and spiritually. The kindergartens are also a big help to their local communities.

Jesus showed great love and care to people of all ages who needed his help. By giving to the Self Denial Appeal, we can show the same love and care to others around the world who need our help. • The Kingdom of Tonga is an archipelago of around 170 islands in the southwestern Pacific Ocean. It's also known as the Friendly Islands.

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goes '

• Tongatapu is Tonga's largest island.

> • Four of Tonga's íslands • are active volcanoes.

The capital of Tonga is Nuku'alofa.

 Its official language is Tongan, with English taught as a second language. "Malo e lelei" means
"hello" and "alu a" means "goodbye".



people live in Tong

ust over 106,000

· Its currency is Tongan pa'anga.



 Religion is an important part of Tongan society and most Tongan families are members of a Christian church.

- The main crops farmed in Tonga include squash, yams, sweet potatoes, coconuts, citrus fruits and vanilla beans.
- Tonga's national colours are red and white. Its flag has a red cross on a white rectangle in the left corner of the red flag.
- Among animals that can only be found in Tonga is the Eua forest gecko.

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HEY CRAFTY CREW

What you need:

scissors, glue gun, two large craft sticks, cardboard, brown paper, black crayon or markers, 1 piece of printer paper (or paper measuring about 20cm x 28cm)

DIRECTIONS:

1 Fold the piece of printer paper in half and draw half a heart shape on it, with the centre along the fold.

2 Open out the paper. Place it onto the cardboard and trace around it. Cut it out. This is your fan template.

3 Put your cardboard template onto your brown paper and draw around it, leaving a margin of about 2-3 cm around it. Do this again so you have two brown paper fan

pieces. Braw a geometric pattern with a black crayon or markers on one side of both brown paper fan pieces.

With an adult's help, use the

glue gun to stick one craft stick to the wide part of the cardboard fan template (this is the

bottom of the fan). Turn over the cardboard and glue the other stick onto the cardboard. Glue along it, making sure it lines up with the other stick and press them together. This is

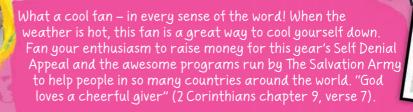
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the fan's handle.

6 Glue one of the paper fan pieces onto the cardboard (make sure the patterned side is facing out!) Do the same on the other side.

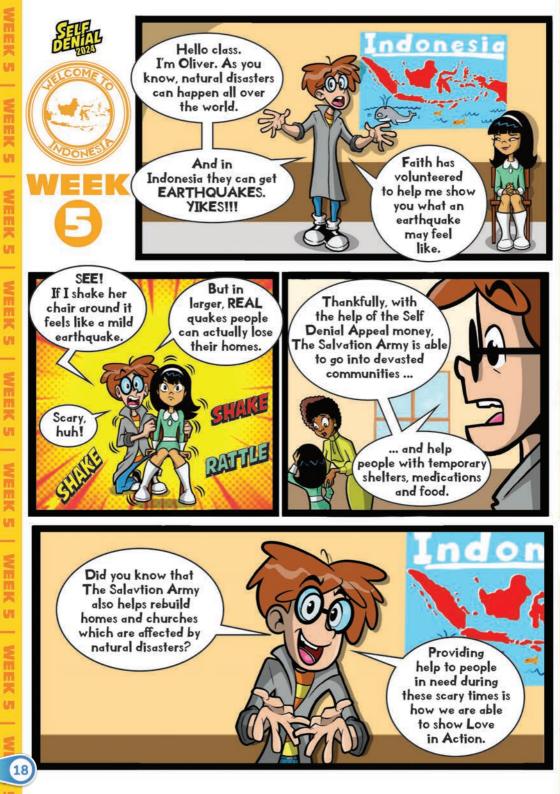
7 Cut a fringe all the way around the paper. The cardboard in the middle will stop you from cutting too far. Your fan is finished - cool yourself down!

EY CRAFTY CREWAS









LET'S JET BACK TO **INDONESIA**, this time to an area known as Central Sulawesi.

In 2018, Central Sulawesi was devastated by a massive earthguake and tsunami. More than 2 million people were impacted. Many people were injured and lost their homes.

Ever since this natural disaster. The Salvation Army has been helping people affected by the earthquake and tsunami. They have rebuilt many corps and more than 180 houses. Many more buildings have been repaired.

Wonderful work like this has a massive impact on thousands of people and transforms lives and communities. And it's all possible because of the money raised by generous people around the world.

Next week is our last week of Self Denial so don't forget to bring in your money box!



The heaviest lizards on Earth, Komodo dragons are found on Indonesia's Lesser Sunda Islands. They can grow up to 3 metres long and weigh up to 135 kilograms.

DYGM TARSIER

Indonesia

to some

incredible

creatures! Let's take a

closer look at

ndonesia's Top

5 animals

The pygmy tarsier is found in central Sulawesi. They are nocturnal, have large eyes and ears and are just 10 cm long.

JAVAN The criticallyendangered Javan rhino is now found only in Ujung Kulon National Park in west Java. Just 76 rhinos remain in

this one population.

SUMATRAN TIGER

Native to the island of Sumatra, this is the smallest subspecies of tiger. Its stripes are closer together and its fur is a darker orange than other tigers.

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BORNEO ELEPHANT

These are the smallest Asian elephants (sometimes also called pygmy elephants). They have very long tails and large ears for their size.

TMAKING... Nasi goreng

what you need:

an adult's help, 1½ tsp vegetable oil, 1 brown onion (diced), 1 carrot (peeled and cut into thin 2 cm sticks), 1 tsp crushed garlic, 1 cup frozen peas (thawed), 150 g leg ham (chopped), 3 cups cooked rice (I used brown rice) – chilled, 1 tbsp kecap manis (sweet soy sauce), 4 eggs, 1 lebanese cucumber (thinly sliced diagonally)

directions:

 Ask an adult to help you heat a fry pan or wok over high heat. Add 1 tablespoon of oil and heat. Add onion and carrot and stir-fry for 2 to 3 minutes, until onion softens.

• Add garlic and stir-fry for 1 minute.

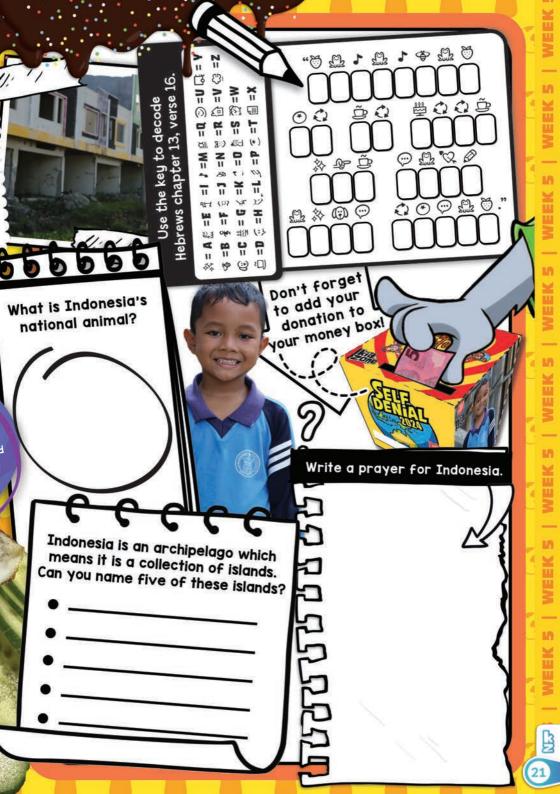
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Add peas, ham and rice and stir-fry for 3 minutes or until the rice is heated through.

Add kecap manis and stir to combine. Remove rice mixture from heat and cover to keep warm.

Heat remaining oil in nonstick fry pan. Crack eggs into the pan, one at a time. Cook eggs until whites are set.

 Divide rice mixture between 4 bowls.
Top with cucumber slices, and then finish with a fried egg on top of each bowl. Malaysian is ... fried rice!





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Dear God,

Thank you for the kindergartens in Tonga and the wonderful impact they have on the children.

Thank you for the helpful chickens in the Philippines in the SIKAP program. And thank you for the girls being helped in Bandung and the help given to those impacted by earthquakes and tsunamis in Indonesia. I pray that everyone's Self Denial donations make a difference in the lives of others around the world.

Amen

Make your way brough the maze to help the Kidzone team on their Self Denial journey!

We've learnt so much about Indonesia, Tonga and the Philippines, as well as the amazing work The Salvation Army is doing in these countries. Bring in your Self Denial money boxes and keep praying for the communities we've visited. Pray that God will use your money to nelp people in need through The Salvation Army.

> Page 77 Grid it: a:a3, b:f1, c:b1, d:d3, e:d6, f:c2. Page 21 Code: "Remember to do good and help each other."



ANSWERS



Page 24: "Be kind and loving to eachother."

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Hidden Message Puzzje

First find all the words on the list in the wordsearch below. Words can go in any direction and share letters as well as cross over each other. Once you find all the words, copy the unused letters starting in the top left corner into the blanks to reveal the hidden Bible verse.

